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This Saturday, January 19, [Veggiecation](#) will be demonstrating how to make Sweet and Snappy Salad for kids in *Our Global Kitchen*.

Try making some with your family at home with this recipe:

4 cups Celery, washed and sliced on the diagonal into 1/4-inch pieces

2 Granny Smith Apples, washed, cored, halved, and sliced into 1/4-inch pieces

1 lb. Red Seedless Grapes, washed, and cut in half lengthwise

6 Tbsp. Red Wine Vinegar

1/4 cup Canola Oil

1 Tbsp. Dijon Mustard

Salt and Pepper to taste

DIRECTIONS

In a mixing bowl, combine the celery, apples and grapes. In another mixing bowl, combine the vinegar, oil, and mustard and whisk together. Pour the dressing over the salad ingredients and toss. Add salt and pepper to taste and toss again. Serve Chilled.

(Photo by [PlanetJilly](#))

Source: [flickr.com](#)