

Veggiecation Programming Options

Series Events

On going weekly series : 45 min – 1 hour

Perfect for afterschool programs or camp programming!

Each week features a different “Special Veggie”
prepared in 2 different ways

Full group participation

Samples provided for audience

Maximum 15 participants suggested



Artist in Residency Full Week Series (in-school): 45 min classes

Veggiecator Educator spends a week at your school visiting each class!

Display and discussion of the Balanced MyPlate

1 recipe demonstrated with full audience participation

Featured “Special Veggies” and recipes can be coordinated with school’s garden
or other current lessons in science, literature, history and culture studies

Samples provided for audience

Maximum 30 participants suggested

Artist in Residency Monthly Series (in-school): 45 min classes

Veggiecator Educator visits your school once a month to work with each grade!

Display and discussion of the Balanced MyPlate

1 recipe demonstrated with full audience participation

Featured “Special Veggies” and recipes can be coordinated with school’s garden
or other current lessons in science, literature, history and culture studies

Samples provided for audience

Maximum 30 participants suggested

To find an instructor near you visit:
www.veggiecation.com
and click Locate A Veggiecator Educator

